

Phone : 2350-5687, 2354-3853 Fax : (033)2350-5687

# **RAMMOHAN COLLEGE**

(Formerly City College W.Dept.) 102/1, Raja RammohanSarani, Kolkata – 700009 E-mail :<u>rmc.tic85b@yahoo.in</u>, <u>rmc.principal@gmail.com</u> Accredited B<sup>++</sup> Grade by NAAC

*Ref.* .....

Date.....20

### <u>Report of extension activities conducted through NSS during</u> <u>2019-20</u>

### Event Name: Celebration of Yoga Day

**Brief Description:** NSS unit of Rammohan College has conducted International day of Yoga Celebrations on 21<sup>st</sup> June 2019. The volunteers and students of the different department were participated in Yoga Day Celebration. The yoga practice session was conducted from 8am to 11am at College premises. Prof Santanu Dey, Department of Zoology, advised our NSS volunteers and students to practice Yoga for good health. A total of about 30 students and faculty members participated in this event. NSS Programme officer Anima Roy and Committee member Dr. Moumita Dutta also took part in the event.

#### **Photos:**







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Event Name: Visited Mother House of the Missionaries of Charity

**Brief Description:** The NSS unit of Rammohan College visited the Mother House of the Missionaries of Charity on 28<sup>th</sup> November 2019. NSS committee members and around 18 volunteers involved in this activity. At first NSS volunteers collected donations and cloths for benefit the pupil in the Missionaries of Charity from the students and staff of Rammohan College. The NSS volunteers handed over 12 back of collected cloth in the office of Missionaries of Charity. The NSS volunteers visited the prayer hall, children's residence and also interacted with them. It was noticed by the volunteers that the Missionaries was well maintained and monitored by the authority.

Photo:





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### Event Name: COVID-19 Awareness Programme

**Brief Description:** NSS Unit of Rammohan College organized COVID-19 awareness program on from 20<sup>th</sup> May 2020 in online mode. In the period of lockdown situation our NSS team decided to make this time as productive time by involving some creative activities. We decided to spread awareness by making poster and sharing it with affective caption via social media platforms. Poster includes points like social distance maintains, hand washing, wearing mask, how can we save old age people and safe us to save our nation.

#### Photo:





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