



Phone : 2350-5687,  
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# RAMMOHAN COLLEGE

(Formerly City College W.Dept.)

102/1, Raja Rammohan Sarani, Kolkata – 700009

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## Response to DVV query of 5.1.2

Following capacity development and skills enhancement activities are organized for improving Students' capability

1. Soft skills
2. Language and Communication skills
3. Life skills ( Yoga, Physical fitness, health and Hygiene)
4. ICT/Computing skills

## HEI input (before DVV query)

- A. All of above

## DVV query: -

Provide Soft copy of Circular /Brochure. Provide Web-link to particular program/scheme/Report of the event Provide Photographs with date and caption for each scheme or event Soft skills Language and communication skills Life skills (Yoga, physical fitness, health and hygiene) ICT/computing skills for the year 2022-23.



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**DVV query response for Soft skills for the year 2022-23**

**1. Circular**

**2. Report of the Program with Photo**



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### NOTICE

Rammohan College is organizing an 'Enterprenuership and Start-up Business' workshop on the 19<sup>th</sup> of November 2022.  
Guest speaker is Ms. Sharmistha Banerjee , HRM of Franchise India.

All teachers and students of Rammohan College are invited to part-take of this event.



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**Circular of the Program**



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## Report of the Program with Photograph –

The Students of the Rammohan College have attended a workshop on Entrepreneurship and start up business on 19.11.2022 in the new Science Building of Rammohan College. Ms. Sharmistha Banerjee , HRM of Franchise India delivered a talk on Entrepreneurship and start up business ideas. The students presents were interacted well with the resource person. This program prepares them with interpersonal skills, leadership qualities and communicative powers.



Workshop on Entrepreneurship and start up business on 19.11.2022



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**DVV query response for Language and Communication skills for the  
year 2022-23**

**1. Circular**

**2. Report of the Program with Photo**



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## RAMMOHAN COLLEGE

(NAAC ACCREDITED COLLEGE FOR GIRLS)  
102/1 Raja Rammohan Sarani, Kolkata-700009  
Department of English in Collaboration with IQAC  
Presents  
**One Day Workshop on Communicative English**  
Date: 10/01/2023. Time: 8 am- 10.30am.  
Venue: College Premises(Room-6)



**Patron**



**Dr. Saswati Sanyal**  
Principal,  
Rammohan College

**Speaker**



**Dr. Swati Mukerji**  
Former Head,  
Dept of English, Gurudas College & Guest  
Lecturer for the PG Students of Lady  
Brabourne College.

**Convenor:** Gobinda Bhakta , HoD, Dept of Eng. **Co- Convenor:** Dr. Krishnendu  
arkar, IQAC Co-ordinator; Dept of Botany

**Organising Committee:** Dr. Chunki Majumder, Ms. Supriya Pal, Dr. Sayonti Mitra,  
Dr. Binayath Banerjee, Dr. Kirti Chakraborty, Ms. Divyansu Mukherjee

Circular of the Program



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## Report of the Workshop with photographs –

A one Day Workshop on Communicative English was conducted on the 10<sup>th</sup> of January 2023 by the Department of English, Rammohan College. The aim of the Program was to instil confidence in public speaking and developing communication skills. The institution organized a One Day Workshop on Communicative English on 10th January, 2023. Honourable speaker, Dr. Swati Mukerji, Associate Professor, Department of English, Gurudas College, Kolkata conducted the workshop. She gave students tips on how to improve their communication skills and highlighted the common points of weaknesses that hinder better communication. As an interpersonal skill it is imperative that students are able to recognize where they lack and improve on them. The students were divided into eight groups with ten students in each group. She gave eight different topics to each group after the end of her lecture. The leaders from each group presented their short lectures on a particular given topic within 5 minutes in second session. After the end of the Programme, all the students were given the Certificate of Participation. It was an immensely helpful session for students and teachers alike.



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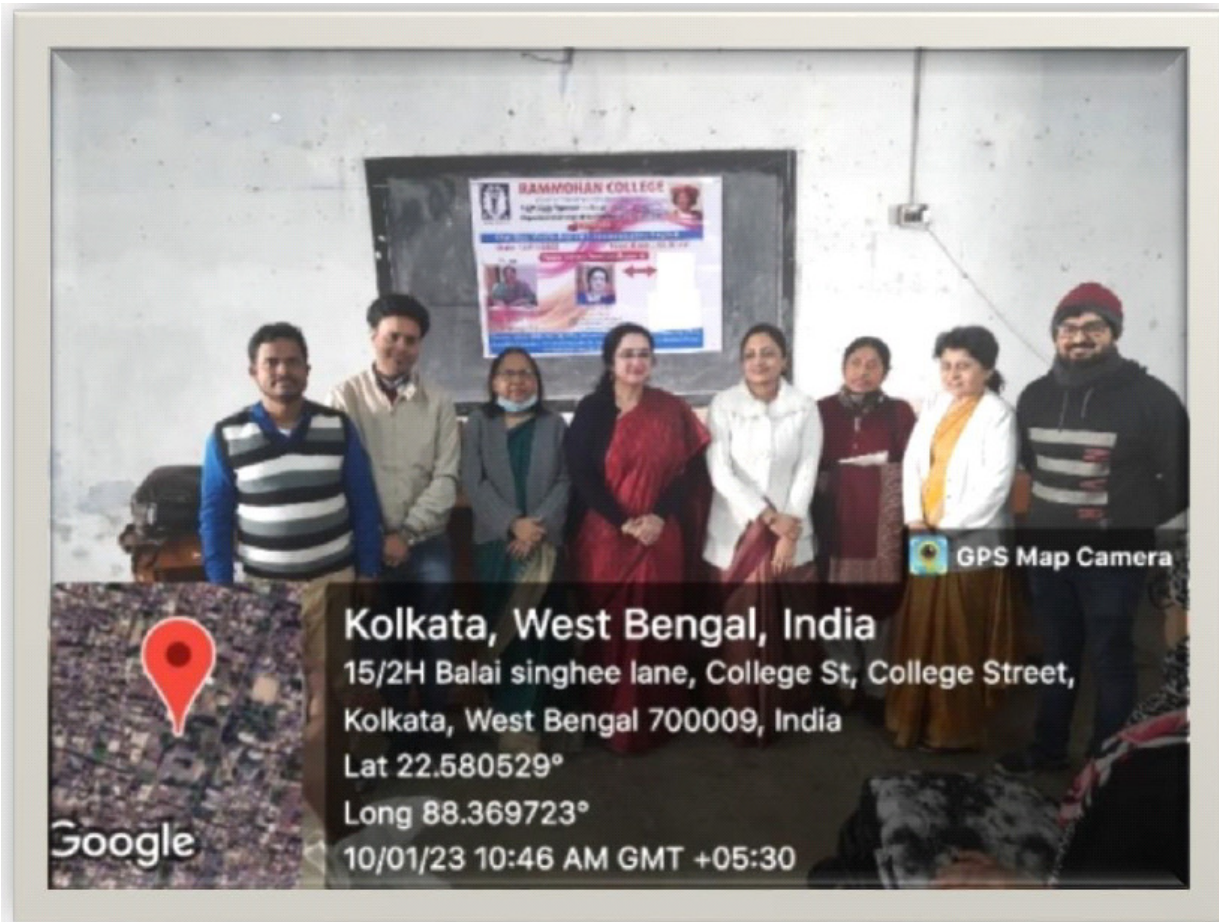
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One Day Workshop on Communicative English

Weblink -

[https://www.rammohancollege.ac.in/images/Seminar%20and%20workshop/SEMINAR%20WORKSHO P\\_2022\\_2023.pdf](https://www.rammohancollege.ac.in/images/Seminar%20and%20workshop/SEMINAR%20WORKSHO P_2022_2023.pdf)



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**DVV query response for Life skills**

**(Yoga, Physical fitness, Health & Hygiene)**

**for the year 2022-23**

- 1. Summary of Programs**
- 2. Circular**
- 3. Report of the Program with Photo**



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## Summary of Programs on Life skills: -

Sl. No	Date	Name of the Program
1	27.09.2022	Occupational Health and safety practice
2	17.12.2022	Awareness Campaign on AIDS
3	20.12.2022	Awareness campaign on Dengue and Malaria
4	17.12.2022	Health Check up camp
5.	20.12.2022	Awareness Program on Cancer
6.	21.12.2022	Awareness Program on Mental Health
7.	31.03.2023	CPR & Women Health related issues
8.	12.04.2023	Workshop on Self Defense



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Report of programs with circular , Photograph and weblinks –

## 1. Occupational Health and safety practice (27.09.2022)

Post Graduate department of Physiology organized a one day seminar on “occupational Health and Safety Practice” on 27.09. 2022 in the smart class room. Eminent speaker Dr. Subrata Bhattacharya, International HSESEQ Expert Sydney, Australia was the speaker. Professor Somnath Gnagopadyay HOD, Department of Physiology, CU was present in the seminar. 29 participants were present in the seminar. There was a very interactive session between students and the speaker.



one day seminar on “occupational Health and Safety Practice”

Weblink

[https://www.rammohancollege.ac.in/images/Seminar%20and%20workshop/SEMINAR%20WORKSHOP\\_2022\\_2023.pdf](https://www.rammohancollege.ac.in/images/Seminar%20and%20workshop/SEMINAR%20WORKSHOP_2022_2023.pdf)



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## 2. Awareness Campaign on AIDS (17.12.2022)



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### NOTICE

IQAC, Rammohan College in collaboration with the NSS Unit of the College is holding an awareness drive on AIDS.  
The scheduled drive is to be held on the 17<sup>th</sup> of December 2022, starting time is 2.00pm.  
All teachers and students of Rammohan College are invited to part-take of this event.



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Circular for the Program



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The NSS Unit of Rammohan College arranged a public awareness drive to aware the people on 'AIDS' on 17<sup>th</sup> December, 2022. The campaign started from 2.30 pm and ended at 5 pm. Total 46 volunteers and 3 teachers attended the campaign. They visited the slum area of Rammohan Sarani and Chaltabagan area. They gathered the crowd and made them aware about the cause and effect of aids. They also encouraged them to voluntary HIV testing and counseling. They also promoted the use of condom to reduce the HIV infections. This programme raised awareness among people in the slum area.



Awareness Campaign on AIDS

Weblink: [https://www.rammohancollege.ac.in/images/NSS/2022-23\\_Extension%20activities.pdf](https://www.rammohancollege.ac.in/images/NSS/2022-23_Extension%20activities.pdf)



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### 3. Awareness campaign on Dengue and Malaria (20.12.2022)



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### NOTICE

IQAC, Rammohan College in collaboration with the NSS Unit of the College is holding an awareness drive on Dengue and Malaria. The scheduled drive is to be held on the 20<sup>th</sup> of December 2022, starting time is 2.00pm. All teachers and students of Rammohan College are invited to part-take of this event.



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The NSS Unit of Rammohan College arranged an awareness campaign to aware the people on 'Dengue' and 'Malaria' on 20<sup>th</sup> December, 2022. The campaign started from 2.30 pm and ended at 5 pm. Total 48 volunteers and 4 teachers attended the campaign. The volunteers made several placards on the said topic and also raised slogans during the campaign. They visited the slum area of Rammohan Sarani and Chaltabagan area. They gathered the crowd and made them aware of causes of malaria, dengue and how they can fight against them. They also advised them to keep the area clean. This programme raised awareness among people in the slum area, also helped the volunteers in boosting their confidence.



Awareness campaign on Dengue and Malaria

Weblink: [https://www.rammohancollege.ac.in/images/NSS/2022-23\\_Extension%20activities.pdf](https://www.rammohancollege.ac.in/images/NSS/2022-23_Extension%20activities.pdf)



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## 4. Health Check up camp (17.12.2022)



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Date.....20

## NOTICE

IQAC, Rammohan College in collaboration with the NSS Unit of the College is holding a health check-up camp on the 17<sup>th</sup> of December 2022.

Venue of this camp is the New Science Building, Rammohan College.  
All teachers and students of Rammohan College are invited to part-take of this event.



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Circular for the Program



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A health checkup camp was organized on 17<sup>th</sup> December, 2022 at the new science building of Rammohan College. Total 46 students, NSS Programme Officer and NSS Committee members, faculties from different streams of Rammohan College participated in this camp. In this camp, height, weight, blood pressure etc. of the students and teachers were measured. Also, blood group detection was done in this camp.



Health Check up Camp



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## 5. Awareness Program on Cancer (20.12.2022)



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## NOTICE

IQAC, Rammohan College in collaboration with the NSS Unit of the College is holding an awareness on cancer on the 20<sup>th</sup> of December 2022.

Guest speaker is Dr. Samarendranath Banerjee, Professor of Zoology dept. of this College.

Venue of this talk on cancer is the New Science Building, Rammohan College.

All teachers and students of Rammohan College are invited to part-take of this event.



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On 20<sup>th</sup> December, 2022, the NSS unit of Rammohan College arranged an awareness programme on cancer. The programme started at 12 pm. Dr. Samarendranath Banerjee, professor of Zoology dept., delivered his valuable speech on 'cancer'. Total 48 students and 17 teachers attended the programme. He discussed about what is cancer, what are the types of cancer, how it develops, what are the possible reasons behind this disease, which parts of the body are more prone to reduce the chance of cancer. As stated by him, the treatment of cancer is still an ongoing research topic, therefore prevention is very much important. After his speech, there was an interactive session with the students. This programme made the students aware about the severity of the disease as well as how they can reduce the risk of getting the disease.



Awareness Program on Cancer



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## 6. Awareness Program on Mental Health (21.12.2022)



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### NOTICE

IQAC, Rammohan College in collaboration with the NSS Unit of the College is holding an awareness program on Mental Health on the 21<sup>st</sup> of December 2022.

Guest speaker is Mr. Mohit Ranadip of Mon Foundation, Kolkata.

Venue of this program is the New Science Building, Rammohan College.

All teachers and students of Rammohan College are invited to part-take of this event.



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On 21<sup>st</sup> December, 2022, the NSS unit of Rammohan College arranged an awareness programme on 'Mental Health'. Total 47 students and 16 teachers attended the programme. The programme was started from 10:30 am in the morning. Mr. Mohit Ranadip was present in the programme as the main speaker. Mr. Mohit Ranadip is a renowned Psychiatric social worker at Mon Foundation in Kolkata. He gave his valuable speech on the mental health issues of different stages of life. Mental health which is as important as physical health of one being is often overlooked because unlike physical health it does not show visible symptoms. Therefore, it is necessary to understand the importance of mental health. After his speech, there was a counseling session. Mr. Mohit Ranadip talked with the students and learned about their issues one by one. He also gave suggestions to their problems. This session was very much beneficial for the students as they could share their problems and also could find solution for them.



**Awareness Program on Mental Health**



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## 7. CPR & Women Health related issues (31.03.2023)

A One day State level Seminar on CPR and Women Health Related Issues organized By Department of Geography and IQAC Rammohan College in collaboration with ESI Institute of Pain Management (Sealdah), Department of Labour, Government of West Bengal. The seminar was held on 31.3.2023 from 9 am to 12.30 pm at the smart class room, New Science Building ,Rammohan College. The resource persons were Dr Gargi Nandi, Course Director, ESI Institute of Pain Management ( Sealdah)and Dr Debolina Ghosh, Academic Coordinator , ESI Institute of Pain Management ( Sealdah) , Department of Labour , Government of West Bengal, The occasion was graced by the presence of Dr Saswati Sanyal, Principal, Rammohan College, Dr Samarendranath Banerjee, Coordinator, NAAC, Dr Krishnendu Sarkar , Coordinator, IQAC, Dr Subha Roy Choudhury ( Retired faculty Department of Geography Rammohan College, presently guest faculty at Prabhu Jagatbandhu College , Andul and guest faculty at Jadavpur University) and Dr Daliya Hom Chowdhury, Associate Professor , Department of Botany, Rammohan College. Geography Departments from Neighboring girls' colleges vibrantly participated in the programme .Among the faculty, Prof Susonova Mondal, Surendranath College for Women , Prof Baisakhi Halder from Vidyasagar College for women, Dr Saswati Nayak from Victoria Institution ( College) were present. 6 students from Surendranath College for women came to attend and learn from the seminar. There were 78 participants in total. The technical sessions were chaired by Dr Subha Roy Choudhury. The first session was a very informative session with power point presentation and discussion by Dr Debolina Ghosh. The audience came to know the simple steps that can be followed in everyday life to have better physical and mental health. The importance of proper diet, Proper posture, regular exercise, meditation, suitable sleep habits was emphasized. Some critical health issues like PCOD. Breast cancer, Spondylitis, Fibromyalgia, Osteoporosis and Osteopenia were discussed with



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reference to their possible triggering factors and measures to combat these as far as possible. Dr Ghosh emphasized the need to protect oneself through HPV vaccination. The exercises for pelvic muscles and breast self-examination techniques were explained with beautiful step wise diagrams. A question answer session followed. Our students raised questions on personal PCOD, headache, menstrual pain and stress issues. They were assured and advised very patiently by Dr Debolina Ghosh. The second session was on CPR. The COLS method was explained very diligently by Dr Gargi Ghosh with the help of colourful slides. This showed how to save a person in case of emergency. It was followed by hands on demonstration and active learning on mannequin on the floor. 10 students and 2 teachers learnt the mechanism by immediate practice under the able guidance of Dr Gargi Ghosh. The session closed with distribution of certificates and vote of thanks.



**Rammohan College**  
'Former Unit of Brahma Samaj Education Society'  
NAAC Re-Accredited B<sup>++</sup> College



Department of Geography, IQAC Rammohan College  
&  
ESI INSTITUTE OF PAIN MANAGEMENT  
Cordially Invite you to the  
One Day State Level Seminar  
on  
**"CPR and Women Health Related Issues"**  
Resource Persons  
Dr. Gargi Nandi (Course Director)  
& Dr. Debolina Ghosh (Academic Coordinator)  
ESI INSTITUTE OF PAIN MANAGEMENT (SEALDAH)  
Department of Labour, Government of West Bengal

Dr. Saswati Sanyal  
Principal, Rammohan College

Dr. Krishnendu Sarkar  
Coordinator, IQAC

Dr. Samarendra Nath Banerjee  
Coordinator, NAAC

Dr. Sibnath Sarkar  
HOD, Department of  
Geography

Date: 31<sup>st</sup> March, 2023  
Time: 9am onwards

Venue: New Science Building (Smart Class Room)  
85 A, Raja Ram Mohan Roy Sarani (Amherst Street), Kolkata  
-700009,

Circular of the program



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Program on CPR & Women Health related issues

Weblink

[https://www.rammohancollege.ac.in/images/Seminar%20and%20workshop/SEMINAR%20WORKSHOP\\_2022\\_2023.pdf](https://www.rammohancollege.ac.in/images/Seminar%20and%20workshop/SEMINAR%20WORKSHOP_2022_2023.pdf)



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## 8. Workshop on Self Defense (12.04.2023)

The community crew of the Department of Geography arranged a workshop on self defence on 12th April 2023. The demonstration and short training were held at the New Science building ground for 2 hours from 8.45 am onwards. The trainer was Miss Nibedita Jele , a student of Semester 2 Geography Honours, Rammohan College. She is a purple stripe belt. She has been trained from the Subroto Sesenkai School of Martial Art, Andul in Shito-Ryu style. She demonstrated steps in Kumite (Self Defence). The participants were students of Semester 2 Honours, Semester 2 General and Semester 6 Honours of the Geography Department. The skills displayed are very useful for self-defence. This was an exposure to Karate for the participants. Some of them expressed interest in taking up karate lessons from their neighborhood Dojos in future.



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**COMMUNITY CREW  
&  
DEPARTMENT OF GEOGRAPHY  
organise**  
**"WOMEN SELF DEFENCE WORKSHOP"**  
FOR SEMESTER-II(HONS & GEN)  


**MASTER TRAINER MISS NIBEDITA JELE**  
SEMSETER-II, DEPARTMENT OF  
GEOGRAPHY  
RAMMOHAN COLLEGE  
(PURPLE STRIPE BELT, KARATE HOLDER)

**VENUE-GEOGRAPHY DEPARTMENT, DATE: 12<sup>TH</sup> APRIL, 2023 FROM 8:45 AM**



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## Workshop on Self Defense

Weblink

[https://www.rammohancollege.ac.in/images/Seminar%20and%20workshop/SEMINAR%20WORKSHOP\\_2022\\_2023.pdf](https://www.rammohancollege.ac.in/images/Seminar%20and%20workshop/SEMINAR%20WORKSHOP_2022_2023.pdf)



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**DVV query response for ICT/Computational skills  
for the year 2022-23**

**1. Circular**

**2. Report of the Program with Photo**



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Program on GST, Tally and e- filing of Tax return – ((11.04.2023 -30.06.2023)



**INVITATION**

**RAMMOHAN COLLEGE**

A Certificate Course on Tally, GST & E-filing of Tax Return to be conducted by EDUTIER and organised by the Department of Commerce in collaboration with Internal Quality Assurance Cell, Rammohan College

**Inauguration: 11<sup>th</sup> April, 2023 (Tuesday)**      **Time: 8:30 AM onwards**

**Venue: New Science Building, Rammohan College**

All are cordially invited. Thanking You.

**Prof. Tapas Narayan Ray,**  
Head, Dept. of Commerce

**Dr. Saswati Sanyal**  
Principal, Rammohan College

Circular of the Program



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Report with Photograph –

The Department of Commerce , Rammohan College conducted a self-financed certification course in Tally, GST and E-filing of IT Returns , etc. for 6th semester students of the department in association with EDUTIER , AN INSTITUTE FOR LEARNING OF PROFESSIONAL COURSES. This 40 hour course spanned over a period of three months. Classes were held in the Information Technology Laboratory of the Department of Commerce. The courses was conducted by the faculty members of Edutier & Tally. Professor Sanjay Ranjan Dey conducted E-filing of IT returns course while Professor Priyam Pal conducted the course on Tally. The courses have two aspects

- . It will help the students for getting jobs in this professional world.
- The final year students have these papers in their graduation courses also. So the practical experience will help them in their final exam too.



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Inaugural Session of the Course on 'Tally, GST and E-filing of IT Returns'



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